

# Executive Retreats

SHARJAH COLLECTION by MYSK



### Executive Retreat Program Platinum Package

# Abundance of earth, serenity & you

Build and energize your team with our custom made executive retreat program at the magnificent Mysk Kingfisher Retreat, located in a private island at Kalba.





### **Executive Retreat** Platinum Package

# 01 Night Package

### THE JOURNEY OF SELF AWARENESS, HEALING & DETOXING

Kingfisher Retreat provides a peaceful setting where groups are empowered to do the work necessary for reconnection and renewal of the mind, body and spirit.

### One Night Retreat package:





### **Executive Retreat Platinum Package**



# Timings Check in: 15:00 Breakfast: 07:00 | Lunch: 1 Dinner: 20:00 06:00 am 18:00- 18:30 10:00- 11:00 Executive Retreat Program Platinum Package 15:00- 18:00 All day 21:00 Optionals (Extra charge)

	Inclusions	One night package	Two nights package
	Stay in our luxury sea view tents	01 night	02 nights
12:00	Healthy breakfast, lunch and dinner at our Al Qurm Restaurant	$\checkmark$	$\checkmark$
	Group session (Meditation or yoga)	$\checkmark$	$\checkmark$
	30 minutes nature walk through the retreat	$\checkmark$	$\checkmark$
	Team building Activity	1	2
	Meeting room usage with healthy coffee break	Half day meeting with 01 coffee break	Full day meeting with 02 coffee breaks
	Unlimited detox water during the day	$\checkmark$	$\checkmark$
	Movie night in the meeting room	$\checkmark$	$\checkmark$
	Kayaking or BBQ dinner - as the price is per activity	AED 250 per pax per activity	AED 250 per pax per activity



### Executive Retreat Program Gold & Silver Packages

113

# Doors to dunes and Emirati lifestyle

A world so far from the city hustles. Gift your team an unforgettable retreat at the enchanting Mysk Al Badayer Retreat, nestled in the red dunes of Mleiha.



AL BADAYER RETREAT by MYSK



**Executive Retreat** Gold Package

# 01 Night Package

### A WORLD SO FAR, YET SO CLOSE TO BUILD A TEAM

An executive retreat is an important event or any corporate calendar. Its an opportunity to get away from the distraction of the office, to relax, re-group and emerge stronger than before. Al Badayer retreat is a perfect destination to organize an executive retreat, our expert team will make sure your target is achieved before you leave.

### One Night Retreat package:

Y- Prosterio





**Executive Retreat Gold Package** 

# 02 Nights Package



Two nights stay in our luxurious tent



Includes a healthy breakfast, lunch and dinner



Unlimited detox water



Falcon Show



Stargazing





Two detox coffee breaks per day



A choice of team building activity

Price starting from AED 2,600 per person





# Executive Retreat Gold Package

Inclusions	One night package	Two nights package
One Bedroom Tent stay	$\checkmark$	$\checkmark$
Healthy breakfast, lunch and dinner in the Al Madam all day dining restaurant	$\checkmark$	$\checkmark$
Group movie night	$\checkmark$	$\checkmark$
Falcon show	$\checkmark$	$\checkmark$
Dune bashing and visit to the abandoned village - 450 AED per car/ 3 pax - optional		
1 coffee break for 01 night and 02 CB for 02 nights		$\checkmark$
Unlimited detox water during the day	$\checkmark$	$\checkmark$
Stargazing	$\checkmark$	$\checkmark$
Private movie night/person	AED 150 per pax	AED 150 per pax
BBQ dinner supplement/person	AED 250 per pax per dinner	AED 450 per pax for 2 dinners



### Management Retreat Silver Package

# 01 Night Package

### SLOW DOWN TO SPEED UP AT THE DESERT CASTLE

A management retreat is an important event or any corporate calendar. Its an opportunity to get away from the distraction of the office, to relax, re-group and emerge stronger than before. Al Badayer retreat is a perfect destination to organize a management retreat, our expert team will make sure your target is achieved before you leave.

### **One Night Retreat package:**





### Management Retreat Silver Package

# 02 Nights Package



Two nights stay in our deluxe rooms



Includes a healthy breakfast, lunch and dinner



Unlimited detox water



Falcon Show



Stargazing



One detox coffee break per day



A choice of team building activity

Price starting from AED 1,498 per person





Executive Retreat Silver Package

Inclusions	One night package	Two nights package	
Deluxe room stay	$\checkmark$	$\checkmark$	
Healthy breakfast, lunch and dinner in all day dining restaurant	$\checkmark$	$\checkmark$	
Group movie night	$\checkmark$	$\checkmark$	
Falcon show	$\checkmark$	$\checkmark$	

Dune bashing and visit to the abandoned village - 450 AED per car/3 pax - optional

Team building activities/day	2	3
Meeting with 1 healthy coffee break	$\checkmark$	$\checkmark$
Unlimited detox water during the day	$\checkmark$	$\checkmark$
Stargazing	$\checkmark$	$\checkmark$
Private movie night/person	AED 150 per pax	AED 150 per pax
BBQ dinner supplement/person	AED 250 per pax per dinner	AED 450 per pax for 2 dinners



### Team Building activities



### ARCHERY TOURNAMENT

Target archery; the players shoot at stationary circular targets at varying distances. Archers have a set time limit in which to shoot their arrows. score values from 1 through 10 are assigned to the teams. Team with highest on target shots wins. Suitable for all level entries; beginners, intermediates etc.

#### Purpose/ Objective

Build confidence. Boost morale. Bond a team through shared experience.

Approx. Duration : 45 minutes (AED 150 per person)



### TREASURE HUNT

The activity involves following a series of clues to find objects or a single prize in a particular order.

#### Purpose/ Objective

Encourages creative thinking, leadership, communication and interaction.

Approx. Duration : 1hr



### SCAVENGER HUNT

A game in which the organizers prepare a list defining specific items, which the participants seek to gather or complete all items on the list, the goal is to be the first team to complete the list or to complete the most items on that list. In variations of the game, players take photographs of listed items or be challenged to complete the tasks on the list in the most creative manner.

#### Purpose/ Objective

Improves team collaboration and boost the quality of communication.

Approx. Duration : 1hr



### **BLIND DRAWING**

Players are divided into groups of two. Have the two individuals sitting back-to-back. Give one person the pen and paper and the other person the picture. The person with the picture describes the picture to their teammate without actually saying what it is. For example, if the image is a worm in an apple, do not say, "Draw an apple with a worm in it." The person with the pen and paper draws what they think the picture depicts, based on the verbal description. (A time limit is set to add a twist)

#### Purpose/ Objective Focuses on interpretation and communication.

Approx. Duration : 1hr





### THIS IS BETTER THAN THAT

Pick four or more objects that are different (or the same objects that look different). Split all your participants into even teams. Describe a scenario where each team has to solve a problem using only those objects. This can be anything from "You're stranded on a desert island" to "You're saving the world from Godzilla!" Have each team rank the objects based on their usefulness in that specific scenario, along with their reasoning.

Purpose/ Objective Inspires team creativity in problem solving.

Approx. Duration : 1hr



### TRUTH AND LIES

Sit everyone in a circle facing each other. Have each person come up with three facts about themselves and one lie. The lie should be realistic instead of extravagant. Go around the circle and have each person state the three facts and a lie in a random order, without revealing which is the lie. After someone shares, the others must guess which is the lie. The idea is to not make the scenarios too easy so it becomes obvious which objects are most useful.

#### Purpose/ Objective

Helps eliminate snap judgements of colleagues, and gives introverts an equal chance to share some facts about themselves.

Approx. Duration : 1hr



### THE MINE FIELD

In an open space, Place the objects (cones, balls, bottles, etc.) sporadically across the open space. Have everyone pair up, and make one person from each pair put on the blindfold. The other person must lead their teammate from one side of the open space to the other without stepping on the objects - using only the verbal instructions. The blindfolded person cannot speak at all. To make it more difficult, create specific routes the blindfolded team members must walk.

Purpose/ Objective Focuses on trust, communication, and effective listening.

Approx. Duration : 1hr



### WINNER/LOSER

Partner A shares something negative that happened in their life with Partner B. It can be a personal or work-related memory, but it has to be true. Then Partner A discusses the same experience again, but focuses only on the positive aspects. Partner B helps explore the silver lining of the bad experience. Afterward, they switch roles.

#### Purpose/ Objective

Participants discover how to reframe negative situations into learning experiences together.

Approx. Duration : 30 - 60 Minutes





### GAME OF POSSIBILITIES

Give an object to one person in each group. One at a time, someone has to go up in front of the group and demonstrate a use for that object. The rest of the team must guess what the player is demonstrating. The demonstrator cannot speak, and demonstrations must be original, possibly wacky, ideas.

#### Purpose/ Objective

This team building exercise inspires creativity and individual innovation.

Approx. Duration : 20-45 Minutes

A choice of any two activities would be charged at AED 150 per person, inclusive of taxes.

### **Terms and Conditions**

- A weekend supplement of AED 1,000 per person per night is applicable, for Thursday and Friday nights.
- Offer valid for groups of minimum 5 guests.
- Rates shown are exclusive of taxes and fees. A 10% service charge and 5% VAT apply.
- Activity schedule can be adjusted with prior notice.
- Advance booking required.
- The above benefits may not be used in conjunction with any other discount or exchanged for any other service or cash.
- Rates are subject to availability.



Coming together is a beginning, Staying together is progress, Working together is success.

- Henry Ford



DISCOVERY

+ 971 06 801 2000 Info.sharjahcollection@myskhotels.com



